



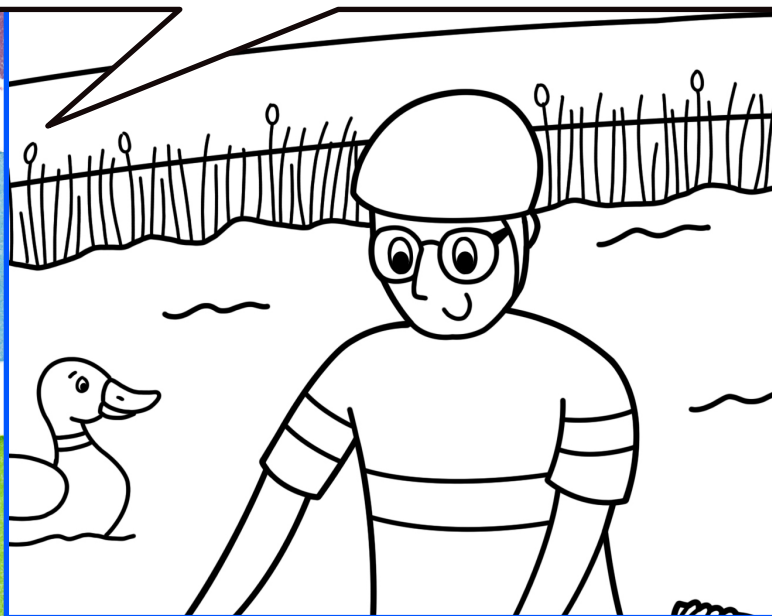
I don't just wear an epilepsy helmet. I also wear something else on my face. Can you see them?

I wear glasses.

Having my eyes tested

Did you spot that Amelia's dad wears glasses too?
There are lots of people in my book wearing glasses.

Can you see if you can spot them all?



© Fenn's Friends 2022

Every year I go to the Opticians to have my eyes tested. I sit in the big chair and at the other side of the room are some letters for me to read. Sometimes I get pictures too. They start off really big then get smaller just like the chart below. The optician puts on these special glasses so he can add different lenses to see if my eyes can see better with them.



A

CT

RSEU

PCWXL

SOBYZQ

UNSECMB

AROQYXTSH

Then the optician shines a light at my eyes and has a closer look. He can see all around my eye and looks for the optic nerve. Our eyes are very precious and it is important that we make sure they are healthy just like our other organs.

After my eye test I go and pick some new glasses. There are so many different shapes and colours of glasses to choose from. I like to try them all on to see which ones look best!

I love going to the opticians!